

Irene Salter, PhD



Inquiring Minds

Neuroscientist, Leadership Coach, Writer, and Trainer



Services Offered

1-on-1 Leadership Coaching

Executive Retreats and Leadership Circles

Keynote Speaking and Facilitated Workshops

Podcast, Radio, TV, Magazine, and Book Club Appearances

What is Inquiring Minds?

Our mission is to use science to help leaders thrive, not just survive. Our clients are visionary executives driven by passion, purpose, and the people they serve. We use science and research-backed tools and strategies to help leaders overcome workplace drama, overwhelm, perfectionism, self-esteem, and work-life imbalance. Ultimately, they learn to incorporate the five pillars of thriving into their life and leadership.

“I have been serving as a woman business leader for several decades. . . Irene was able to coach me through a state of high anxiety to a state of peace.”

~ Vice President

“If there ever was an Olivia Pope or Oprah of the education world, it is Irene Salter. . . she is truly an educational guru and leadership cultivator.”

~ Vice Principal

Who is Irene Salter?

- She's a smart, sassy scientist with a Master's in Psychology and a PhD in Neuroscience who studied the neural circuits underlying learning and motivation. She has published numerous peer-reviewed articles in premier academic journals, won over \$2.25 million in grants, and currently serves on the UCSF Graduate Division Advisory Board.
- She's a sought-after leadership coach with clients at Verizon, Disney, Facebook, Chicago Public Schools, Boston Medical Center, University of Texas, the Women's Fund, and the Department of Health.
- She's an award-winning educator. For over 20 years, she taught science to students ranging from elementary to university, winning two teaching awards and delivering many hundreds of hours of content on stage and on the page.
- She's an accomplished writer. She's published four books and is working on her fifth: [*Have Brain, Will Travel — the Science Behind Our Wanderlust*](#). You can read her monthly column at *Shasta Scout*, her magazine articles at *Hidden Compass* and *Enjoy Magazine*, and her [blog](#).
- AND, she's an avid adventurer. If she's not sipping a cup of tea at her ranch in far Northern California, then look for her in some exotic destination with her husband, playing Dungeons and Dragons with her kids, hiking up a mountain with her friends, or paddleboarding through a sea cave with you!



“Irene has a passion for what she does and it’s contagious. Irene is one of the best presenters I’ve seen!”

~ Leadership Summit Participant

“Working with Irene has given me myself. . .”

~ Director of Instruction + Assessment

Let's Work Together

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