

Irene Salter



Neuroscientist | Writer | Adventurer | Leader | Coach | Trainer

Scientist | Magician

My **Scientist Self** is a hyper-achiever. An inquisitive problem solver. A Stanford trained perfectionist with a masters in Psychology and PhD in Neuroscience. My career has taken me from premier research labs to the middle school classroom, from museum exhibit designer to university chairwoman, from a school superintendent's desk to the nonprofit boardroom.

But my **Magical Self** is a fantasy adventurer addicted to travel. When I step into the woods or onto the water, I settle. In a new country, I become free. The accumulated dirt of impostor syndrome and productivity transform into the fairy dust of awe, beauty, and spirituality.

Why? What, **scientifically**, does travel do to me? To us?

So like a good little travel-addicted scientist, I did an experiment – a crazy, life-changing experiment. I embarked on a grand year of travel with my family that would ultimately take my career and kids across five continents to discover what travel does to my brain.

What I found is... well... magical.





Leadership Coach

“I have been serving as a woman business leader for several decades... Irene was able to coach me through a state of high anxiety to a state of peace and acceptance.” ~ Eva Jimenez, Vice President

- Award-winning leader (Principal Shining Star Award)
- Landed over \$2.5Million in grants
- Clients include visionaries from Verizon, Chicago Public Schools, Facebook, Boston Medical Center, University of Texas, The Women's Fund, and many more

Trainer | Speaker

“The experience that Irene crafted was absolutely one of a kind.” ~Alicia Nachman, Design Leader

- Two-time award winning educator (Educator of the Year & Long Teaching Award)
- Sought after speaker (so far in 2022: 4 conferences, 3 podcasts, and paid speaking/training for over 20 groups ranging in size from three to three hundred, and all this while traveling the world)
- Designer of exclusive retreats in extraordinary places



Writer

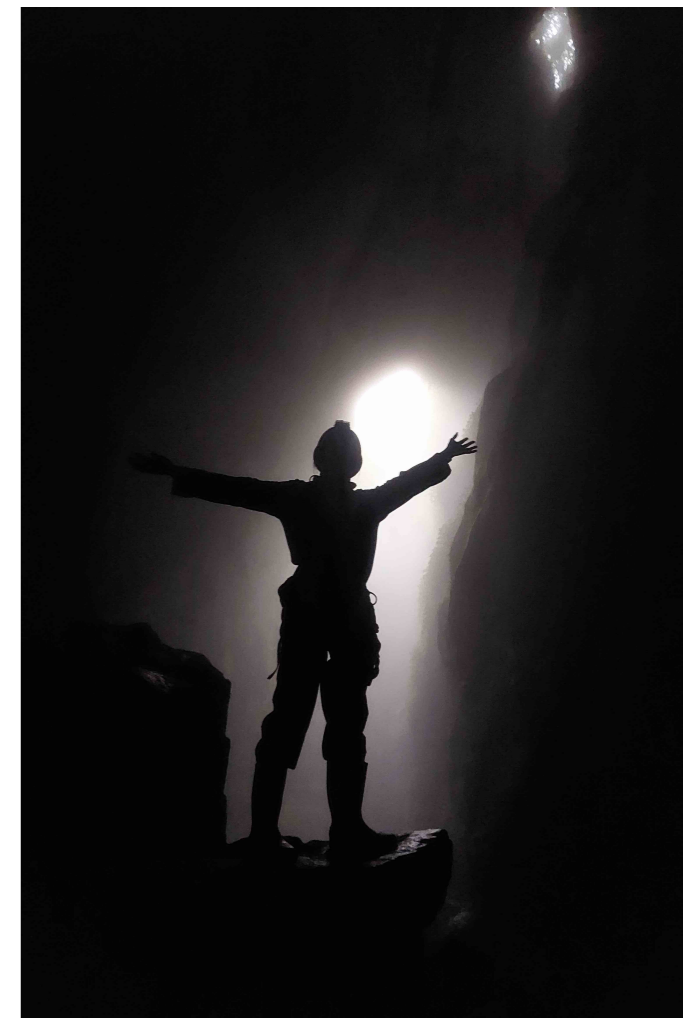
“This is the best book idea I’ve seen at this conference in eight years.” ~ Lavinia Spalding, Editor of The Best Women’s Travel Writing

- Popular blogger (see irenesalter.com/blog)
- Columnist for *Shasta Scout* & Journalist for *Hidden Compass*
- Author of four published books/guides
- Latest project is a travel/science/memoir called *Brain Tripping: How travel can change your brain without ever leaving home*

Adventurer

“This work with Irene, made it feel easier to find and be me - wonderful and powerful, flawed and unique, and complete. I am by no means an expert, a master, or done with this work, but I have a better roadmap and travel guide in Irene!” – Amy Frydenlund, Director of Instruction

- Swam in all five of the world’s oceans
- Passport stamps from six continents
- Worldschooled mom





Scientist | Magician

“If there ever was an Olivia Pope or Oprah of the education world it is Irene Salter... She is truly an educational guru and leadership cultivator.” ~ Seth Federman, Vice Principal

My gift is encouraging the light in leaders and their teams to shine brighter. I spread science with a touch of magic. What magic do you need in your life?

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